

AWARE Research Study

Athlete With Acute Respiratory infection

Including
COVID-19

The Sport, Exercise Medicine, Lifestyle Institute (SEMMLI) at the University of Pretoria, through the IOC Research Center of South Africa, is leading an international research study to better understand the health impact of respiratory tract infections, including COVID-19, in athletes. Due to the novelty of COVID-19, we do not know much about its effect on athletes in particular. The AWARE Study aims to understand more about the effects of common respiratory tract infections, including COVID-19, in athletes, how severe these infections are, and the impact of these infections on athletes as they return to training and competition.

Importance of the AWARE Study

This information is required urgently so that health professionals can advise competitive and recreational athletes around the world, as they return to sport following COVID-19 or another acute respiratory infection. Your participation will make a significant contribution to science, improving the medical care of athletes, and formulating safe, scientifically-based return to sport guidelines after an infection.

Participation involves the completion of a questionnaire

Please consider completing this online questionnaire if you meet the following criteria:

- **Are you an athlete, age 18-60 yrs?** – All levels of athletes included – competitive recreational, semi-elite, elite; with or without a disability **AND**
- **Have you had any symptoms of a respiratory infection (any flu-like illness, including COVID-19) in the last 6 months?** – Sore throat, blocked / plugged or runny nose, cough, loss of smell or taste, difficulty in breathing, chest pain, fever or chills, excessive tiredness or unexplained general muscle / body pain, **OR**
- **Have you had a positive (or negative) COVID-19 test in the last 6 months?** – With or without symptoms.

Please click on the link to complete the questionnaire:

https://is.gd/awarestudy_v1

*An international, multicentre, research project in collaboration with:
International Olympic Committee (IOC), FIFA,
World Rugby and a number of national and international research institutions*

See the collaborator pages below

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 **SEMLI**
Sport, Exercise Medicine & Lifestyle Institute
with collaborators & partners

National and international collaborators and partners

International Olympic Committee (IOC)
Research Center of South Africa





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National collaborators and partners

Prof	Martin	Schwellnus	Director	SEMLI, University of Pretoria; IOC Research Center of South Africa
A/Prof	Paola	Wood	Head of BSportSci Programme	SEMLI and Department of Physiology, University of Pretoria
Dr	Carolette	Snyders (Cloete)	Sports Physician	SEMLI, University of Pretoria
Ms	Kelly	Kaulback (Muller)	Biokineticist	SEMLI, University of Pretoria
Dr	Nicola	Sewry	Senior Post-Doctoral Fellow	SEMLI, University of Pretoria
Prof	Christa	Janse Van Rensburg	Head Section Sports Medicine	SEMLI, University of Pretoria; SASMA (president)
Ms	Esme	Jordaan	Senior Statistician	Biostatistics Unit, SAMRC, IOC Research Center of South Africa
Ms	Sonja	Swanevelder	Statistician	Biostatistics Unit, SAMRC, IOC Research Center of South Africa
Mr	Ishen	Seocharan	Senior Data Manager	Biostatistics Unit, SAMRC
Prof	Wayne	Derman	Director	ISEM, University of Stellenbosch; IOC Research Center of South Africa
A/Prof	Jon	Patricios	Director	Wits Sport and Health (WiSH), University of Witwatersrand
Dr	Phathokuhle	Zondi	Sports Physician	Private capacity
Mr	Clint	Readhead	Senior Medical Manager	South African Rugby Union (SARU)
Dr	Nicholas	Theron	Sports Physician	University of the Free State; Cheetahs Rugby Union
Dr	Lervasen	Pillay	Sports Physician	Wits Sport and Health (WiSH), Faculty of Health Sciences, University of the Witwatersrand and University of Pretoria

International collaborators and partners

Prof	Lars	Engelbrechtsen	Head of Medical Sciences	International Olympic Committee (IOC)
Dr	Richard	Budgett	Medical and Scientific Director	International Olympic Committee (IOC)
Dr	Torbjorn	Soligard	Scientific Manager	International Olympic Committee (IOC)
Dr	Andrew	Massey	Medical Director	FIFA
Dr	Eanna	Falvey	Chief Medical Officer	World Rugby
Prof	Jonathan	Finnoff	Chief Medical Officer	United States Olympic and Paralympic Committee (USOPC); Mayo Clinic Department of Physical Medicine and Rehabilitation
A/Prof	Jane	Fitzpatrick	Sports Physician	University of Melbourne
Dr	Addy	Bamberg	Medical Coordinator	IRONMAN Argentina
A/Prof	Lars	Pedersen	Consultant Respiratory Physician	Bispebjerg Hospital, Copenhagen University Hospital
Dr	Nirmala	Perera	Social Media Coordinator, IOC World Conference on Prevention of Injury and Illness in Sport	Private capacity

