



NEWSLETTER – MAY 2012 Edition

Dear SASMA Member,

One of the highlights on the international sports medicine conference calendar is the ACSM's Annual Meeting, this year to be held in San Francisco. To everyone fortunate enough to be attending next week, we wish you safe travelling and an enjoyable trip.

To everyone who voted for the South African cover on the BJSM Blog competition, thank you. We await the announcement of the winner!

SASMA FaceBook page

Please remember to visit the page for more regular news and updates, and feel free to use the medium to express your views or share pearls of wisdom.

Please also view the page and "LIKE" it.

Website of the week

<http://www.sportsscientists.com/>

This website provides scientific comment and performance analysis by Ross Tucker. It's definitely worth visiting as well as subscribing to his regular newsletter.

Highlighted Book

"Essential Radiology for Sports Medicine"

Robinson, Philip

Springer 2010

9781441959720

This highly illustrated, practical book provides a systematic approach to all significant sports injuries. Imaging features are presented along with discussion of the influence of these findings on treatment and image-guided interventions. For each anatomical area, the underlying biomechanical features that produce injury are explored. All imaging modalities are featured with emphasis on MRI, MR arthrography, CT, and ultrasound. A concise guide to sports injuries, this book will help clinicians identify the appropriate imaging techniques and treatments to best serve their patients. This up-to-date resource is an excellent, high-yield resource for radiologists, emergency radiologists, orthopedists, and sports medicine professionals. International experts provide guidance as to how sports

injuries occur and how to recognize relevant imaging findings.

Hello Doctor

Hello Doctor 4 drs (<http://hellodoctor4drs.com>) is a new, free online communication platform that enables medical professionals to connect with colleagues, build relationships, access the latest medical news and manage their CPD points. The potential exists for SASMA physicians to share information via this online portal, and even to use it for training purposes.

Accreditation

I have received a number of applications for re-accreditation. Thank you to all those who have re-applied, and I appeal to anyone else whose accreditation has expired, to please do so.

May I ask that when you fax your completed application forms through to me, please also email me on ghagemann@sharksmedical.co.za to confirm that I have received your application.

The application fee is R100 and a plaque displaying your status costs R300. Application forms are available from Arina Otto (gesal@ufs.ac.za) or myself, or can be downloaded from the SASMA website (www.sasma.org.za).

In a similar vein, please can I encourage you all to renew your SASMA membership for 2012. Application forms are also available on the

SASMA website. The free access to the online version of the British Journal of Sports Medicine alone makes it worthwhile; not to mention the numerous other benefits of being a member.

SASMA Satire



Upcoming conferences

1. **Discovery Vitality Wellness and Fitness Convention**



Thursday 23 August – Saturday 25 August 2012

Venue: Sandton Convention Centre,
Johannesburg, South Africa

For more information or early bird rates call
021 659 5616 or email
fitnessconvention@ssisa.com.

**2. DISABILITY SPORT AND EXERCISE
MEDICINE CONFERENCE**

14 – 16 June 2012

University of the Free State, Bloemfontein

**NB>Unfortunately this conference has been
cancelled**

**3. 2nd INTERNATIONAL SCIENTIFIC
TENDINOPATHY SYMPOSIUM**

27-29 September 2012

Vancouver, Canada

Look for future updates at:

<http://www.hiphealth.ca/news/ISTS>

**4. 2nd FIMS WORLD CONGRESS OF
SPORTS MEDICINE**

27 - 30 September 2012.

Rome, Italy

Important dates:

Early registration deadline:

31st January 2012;

Abstract submission deadline: 31st March
2012;

Notification to authors: 30th April 2012;

Hotel reservation deadline: 1st September.

For further information, please visit the
official Congress website:

www.fimsroma2012.org

**5. FOOTBALL EMERGENCY MEDICINE
COURSE**

FIFA / F-MARC (FIFA Medical Assessment and
Research Centre) accredited

15-16 November, 2012

Centre for Exercise Science, University of the
Witwatersrand

**6. 3rd Biannual Sport Physiotherapy
Congress: *Plinth to Podium***

“Homegrown with an international flavor”

Presented by the Sport Physiotherapy Group of
the SASP

September 2013

Gauteng

Details to follow

**7. The University of Pretoria's High
Performance Centre Sports Medicine
Workshop**

16 June 2012.

This workshop is part of a bigger coaching
conference that is being held as one of the
HPC's 10 year celebration events. The theme
of the conference is, 'Beyond 2012,
Coaching the New Generation'. The sports
medicine workshop is being organised by
the Section Sports Medicine at the

University of Pretoria, which is headed by Dr
Christa Janse Van Rensburg.

Other useful websites

<http://bjsm.bmj.com> – *British Journal of Sports
Medicine*

<http://journals.bmj.com/site/marketing/olympics2012/learning.html> - *BMJ Olympics portal*

www.acsm.org - *American College of Sports
Medicine*

www.sportsmed.org - *American Orthopaedic
Society for Sports Medicine*

www.amssm.org - *American Medical Society for
Sports Medicine*

www.bases.org.uk - *British Association of Sport
& exercise Science*

www.sma.org.au - *Sports Medicine Australia*

In conclusion...

If you have anything to contribute regarding
activities in your region, achievements by
SASMA members, new appointments, sports
medicine interest stories, etc, please feel free
to email me at
ghagemann@sharksmedical.co.za.

GLEN HAGEMANN, SASMA PRESIDENT

Please email me at
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with any comments or suggestions.

SASMA Secretary

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