



Prof Ade F. Adeniyi

National Center Director
Prof Ade F. Adeniyi

Affiliation
University of Ibadan

National Center Manager
Olaotan Fawehinmi

Affiliation
Nigerian Heart Foundation

Host Institution – The Nigerian Heart Federation

The Nigerian Heart Foundation (NHF) serves as the host institution for the EIM Nigeria National Center. NHF is a non-profit and non-governmental organization founded in 1992 to promote heart health, scientific research in cardiovascular health, healthy lifestyles and advocacy on heart issues. The mission of NHF is to play a leading role in the fight against heart disease and stroke with the aim of reducing the number of Nigerians suffering from premature death and disabilities. NHF is funded by both public and private sector through cash and in-kind donations. Activities of NHF include health educational programs to promote healthy lifestyles, to encourage prevention of heart diseases and stroke in work places, as well as a homegrown school feeding program for school children 2-7 years of age in public schools in Nigeria.



National Center Advisory Board Affiliation

Professor Ade F. Adeniyi	<ul style="list-style-type: none"> • Director of Physical Activity, Nigerian Heart Foundation, Lagos, Nigeria • Professor of Physiotherapy, University of Ibadan, Ibadan, Nigeria
Dr. Kingsley K. Akinroye	<ul style="list-style-type: none"> • Executive Director, Nigerian Heart Foundation, Lagos, Nigeria
Chief Segun Odegbami	<ul style="list-style-type: none"> • Ex-Football International, • Sports Administrator, International College and Sports Academy, Ogun State
Dr. Chris Emeruwa	<ul style="list-style-type: none"> • Integrity Officer, Nigerian Football Federation, Wuse, Abuja
Professor Akin Osibogun	<ul style="list-style-type: none"> • Director of Global Health, Nigerian Heart Foundation, Lagos, Nigeria • Professor of Public Health, University of Lagos, Lagos, Nigeria

Professor S.R.A. Akinbo	<ul style="list-style-type: none"> • Professor of Physiotherapy, University of Lagos, Lagos, Nigeria
Professor B.J.C. Onwubere	<ul style="list-style-type: none"> • Professor of Medicine, University of Nigeria, Nsukka, Nigerian • Member, Board of Trustees, Nigerian Heart Foundation
Professor A.A. Fasanmade	<ul style="list-style-type: none"> • Professor of Medicine, University of Ibadan, Ibadan, Nigeria
Professor Andrew E. Uloko	<ul style="list-style-type: none"> • Professor of Medicine, Bayero University, Kano, Nigeria
Professor Ifeoma Okoye	<ul style="list-style-type: none"> • Professor of Radiation, University of Nigeria, Enugu Campus
Barr Taiwo Lambo	<ul style="list-style-type: none"> • Legal Practitioner, Nigerian Heart Foundation, Lagos, Nigeria
Chief Ademola Sadipe	<ul style="list-style-type: none"> • Director, Finance, Nigerian Heart Foundation, Lagos, Nigeria
Mr Dele Adetiba	<ul style="list-style-type: none"> • Director of Communication, Nigerian Heart Foundation, Lagos, Nigeria
Professor Ken Anugweje	<ul style="list-style-type: none"> • Director of Sports, University of Port Harcourt Sports Institute, Rivers State • Board Member of the Athletic Federation of Nigeria
Mr. Olaotan Fawehinmi	<ul style="list-style-type: none"> • Program Officer, Nigerian Heart Foundation, Lagos, Nigeria

2018 Goals

- Increase the number of individuals in Nigeria meeting physical activity guidelines.
- Increase the number of healthcare professionals who are assessing, prescribing and counseling patients in physical activity.
- Encourage the appropriate deployment of qualified exercise professionals in the prevention and treatment of chronic disease.
- Provide resources on safe physical activity participation to the populace via the EIM Nigeria website, leaflets, flyers, advertorials, newsletters and magazines.
- Develop EIM NG themed physical activity program to cut across all age groups and other groups of interest.

Accomplishments to Date

- Established the EIM Nigeria National Center on October 15, 2018.
- Partnering with individuals from several academic (University of Nigeria, Bayero University, University of Ibadan, University of Lagos) and non-governmental (Nigerian Heart Foundation, Athletic Federation of Nigeria, Nigerian Football Federation) organizations across Nigeria.

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Nigeria**