

EIM Qatar



National Center Director
Dr. Mohammed Ghaith Al Kuwari

Affiliation
Aspetar Qatar Orthopaedic & Sports Medicine Hospital

National Center Manager
Dr. Husam Rezeq

Affiliation
Aspetar Qatar Orthopaedic & Sports Medicine Hospital

Dr. Mohamed Ghaith Al Kuwari

Host Institution - Aspetar

Aspetar is the first specialised Orthopaedic and Sports Medicine Hospital in the Gulf region. It provides the highest possible medical treatment for sports-related injuries in a state-of-the-art facility, staffed by some of the world's leading sports medicine practitioners and researchers.



National Center Advisory Board

Dr. Mohamed Ghaith Al Kuwari
Dr. Husam Rezeq
Dr. Mohamed bin Hamad Al Thani
Dr. Philippe Landreau
Prof. Ravinder Mamtani

Affiliation

Aspetar – National Center Chairperson
Aspetar – National Center Manager
Director of Public Health, Supreme Council on Health (SCH)
Chief of Surgery – Aspetar
Professor of Public Health Associate Dean, Weil Cornell Medical College – Qatar (WCMC-Q)
Primary healthcare corporation – Head of Healthy Lifestyle Program
Aspetar – Sport Medicine
Aspetar – Sport Medicine
Aspetar - Physiotherapy

Dr. Hamad Al Madhaki
Dr. Paul Dijkstra
Dr. Juan Manuel Alonso
Erik Witvrouw

2015 Goals

- Increase the number of healthcare professionals who are assessing, prescribing and counseling patients in physical activity.
- Increase the number of individuals meeting the Qatar Physical Activity Guidelines.
- Encourage the appropriate use of qualified health fitness professionals in the prevention and treatment of chronic disease.

Past Accomplishments

- Formation of an EIM National Center
- Engagement of multiple health stakeholders across the country
- Hosting of 1st EIM CME training for physicians