



NEWSLETTER – JANUARY 2010

Dear SASMA Members



It probably feels as if you have been back at work for 6 months already but Happy 2010!!

Membership Renewal

Please remember to renew your membership for 2010. Details are available on the website (www.sasma.org.za) or from Arina (gesal.fin@ufs.ac.za). For your convenience a registration and accreditation form are attached to this mail.

SASMA Activity

National Health Insurance

December wasn't all turkey and Christmas crackers! I was invited to represent South African Sports Medicine at an open forum hosted by the Helen Suzman Foundation to discuss the government's proposed National Health Insurance. Views expressed

from across both public and private sectors were varied and somewhat divergent and it is clear that we have some way to go before attaining a workable system. This will affect us all so it is worth looking at looking at the meeting's summary at <http://www.hsf.org.za/past-events/quarterly-roundtable-series/strategic-health-reform>

SA Journal of Sports Medicine Cover Design Competition

14 entries of an excellent standard were received by the 15 December deadline and the editorial board had a difficult time deciding on the winner. In the end Francois Van der Westhuizen of Joy Design was awarded the prize for his entry featured below.



Winner - Francois Van der Westhuizen

This is the first of a few exciting changes to the journal that will hopefully see an increased number of submissions and readers.



Winning cover design

Talking of the journal, the SAJSM had 4285 users of its website between Jan 14, 2009 and Jan 14, 2010. According to editor-in-chief Mike Lambert, most hits occurred in the last 6 months. With the new features including CPD points up for grabs, we aim for over 6000!

Gender Verification Policy Document

Maaki Ramagole has been hard at work preparing this document which succinctly summarises the issues and science surrounding this sensitive topic. The document also puts forward guidelines on the duties of doctors in such situations. It

will be posted on the new website and published in the journal.

British Journal of Sports Medicine

Attached to this mail will be the application form for subscription (electronic or printed) to this prestigious and widely-read journal. SASMA members have been given a 25% discount. This is the first time that BJSM have come to such an arrangement with a national sports medicine body and I would urge you to take advantage. Sharing access and the cost between members of a practice will make it even more affordable.

SASMA EXCO Meeting

I am busy drawing up an agenda of issues for the EXCO to discuss. If any members have suggestions these are welcomed.

SASMA Satire



SASMA Research Bursary

Calling all budding researchers!! Don't forget to apply for the SASMA research grant of up to R15 000 – R25 000. Applicants must be registered at a South African University and have been SASMA members for at least 2 years. An application form is attached.

Website Upgrade

We will be embarking on a major upgrade of the SASMA website over the next 2 months. The idea is to have a more dynamic website with areas of interest for members as well as the public. Please mail me with any ideas you may have.

Upcoming Sports Medicine Congresses:

3rd International Football Medicine Conference, Sun City, 19-21 February 2010
www.fifa.com/aboutfifa/developing/medical/footballmedicineconference/registration

Radiological Society of South Africa, Stoller Update, Cape Town, 19-20 March 2010
www.stollercapetownupdate2010.co.za

XXXI FIMS World Congress, San Juan, Puerto Rico, 19-22 May 2010.
www.fims.org

Exercise is Medicine (Pre ACSM) 1-5 June 2010, Baltimore, Maryland, USA
www.exerciseismedicine.org/worldcongress

ACSM 2010 2-5 June 2010, Baltimore, Maryland, USA. www.acsm.org

Clinical Sports Medicine Congress, Cape Town, 13-15 October 2010.

The Athletic Care and Interdisciplinary Sports Medicine Congress scheduled for Austria in March 2010 has been postponed to 2011.

In conclusion....

Our sports medicine body will only be as strong as our membership is enthusiastic. Please find out who your regional or clinical sub-group representative is and liaise with him or her to ensure that enthusiasm for our discipline remains high. Contact me if you need more information. Help us to boost membership by forwarding this newsletter and SASMA's contact details to colleagues.



JON PATRICIOS

SASMA PRESIDENT Please email me at jpat@mweb.co.za with comments and suggestions.