

Dr Jon Patricios

Abbreviated Curriculum Vitae

Jon qualified as a medical doctor at Wits University in 1992 after which he studied for a master's degree at the Institute for Sports Medicine and Exercise Science at Sheffield University graduating with distinction and is a Fellow of the American College of Sports Medicine. He is the current President of the South African Sports Medicine Association.

Jon is Clinical Director of Morningside Sports Medicine and has been a practicing sports physician at The Centre for Sports Medicine and Orthopaedics in Rosebank since 1995. He has been team physician to the Wits University Rugby Club and the Professional Basketball League. Jon has been the team doctor for the Golden Lions Rugby Team for 10 seasons and over 300 first class matches. He was team doctor to the Cats Super 12 Rugby Team for 6 seasons. He was medical director of the International Rugby Board Under 21 World Cup held in June 2002 in Johannesburg and has been involved in rugby medical administration at school, club, academy and provincial levels for 10 years. He also is medical doctor to the Gauteng Cricket Team and serves on the Cricket South Africa Medical Committee. Jon was the regional medical director (Gauteng) for Cricket World Cup 2003 and Chief Medical officer at the World Cup Final, Medical Director for the ICC World 20/20 Tournament 2007, the ICC Champions Trophy 2009 and medical co-ordinator for the Indian Premier League 2009. He is consultant doctor to touring international cricket and rugby teams teams and the Football School of Excellence, consultant Sports Physician to Kaizer Chiefs premier league football team and a member of the Comrades Marathon Panel of experts.

Jon is a founder and director of Sports Concussion South Africa and the Schools Sports Concussion Programme. He is the author of the Sports Concussion Chapter for the International Sports Medicine Federation (FIMS) manual (2009) on injury management and the South African Rugby Union "BokSmart" concussion protocols (2008). He has presented the concussion programme including the integration of clinical assessments and CogState Sport screening at international congresses including the American College of Sports Medicine (2007 & 2009), South African Sports Medicine Association (2005, 2007 & 2009) and was invited to present at the Third International Conference on Sports Concussion (Zurich, 2008).

Jon is President of the South African Sports Medicine Association, on the South African Rugby Medical Association, Lions Rugby Medical Committee and the Cricket South Africa's Medical Committee and has been the race doctor for the 94.7 Cycle Challenge.

Jon is a lecturer and assessor in post-graduate sports medicine at Pretoria University. He is an associate editor of the British Journal of Sports Medicine and has been extensively involved in Continuing Medical Education Programmes lecturing to colleagues and the public, producing sports medicine education manuals, rugby development protocols and appearing on several national and regional radio and television broadcasts. Most recently, Jon was appointed convener of the American College of Sports Medicine's International Team Physician Course held in Johannesburg in February 2009.